

# Don't just watch, take part!

At The Met, we are passionate about inspiring the next generation of artists and performers. Our creative learning programs include drama, movement, and music groups; school workshops and work experience placements; arts-based social activities and events; creative outreach projects; support for local artists; and specialised provision for young people and adults with special educational needs and disabilities (SEND).

We take pride in being a welcoming and inclusive hub for quality participatory arts activities. Our programs are designed for children, young people, and adults, with and without disabilities, to explore their creativity, discover new talents, and make lifelong friends in a safe, creative, and inspiring environment.

## Regular Workshops and Groups: Adult

#### Meet Me at The Met

Join us fortnightly on Mondays, starts Monday 22 Sep, 11am – 1pm, £5

An informal and welcoming social arts group for over 50s. The group meet fortnightly to socialise and learn new skills.

Meet Me at The Met is kindly supported by the National Lottery's Awards for All fund.



## Harmonica workshops

Mondays, Beginners 6pm – 7pm Returning Beginners 7pm – 8pm Intermediate 8pm – 9pm

Re-starting Monday 8 Sep, keep your eyes on the website for more information.

Payment for an 8 session block - £65

Workshops for beginners and intermediate levels are led by former British Blues Harmonica champion Mat Walklate.

For more information or to book any of our workshops, please visit the website, call Ticket Office on **01617612216** or email **education** themet.org.uk

#### **Metro Jazz**

Mondays, 7pm - 9pm, £132 for the full term (Student concs available via Ticket Office)

Re-starting Mon 15 Sep, keep your eyes on the website for more information.

Bury's community jazz orchestra led by experienced saxophonist and educator Munch Manship.

## **Met Express**

Meets Mondays and Tuesdays 7pm – 9pm, £6.50 per session or in advance by the half-term

Our very own learning-disabled theatre company. This team of adults have been working together over a number of years to develop skills, find new talents and create amazing theatre.

Met Express is open to new members! We are looking for new budding performers to join our Tuesday group, if this is you, then now is your chance to shine! Get in touch with **education@themet.org.uk** for more information on how to join.

Met Express is kindly supported by The Baily Thomas Foundation.

The Baily Thomas Charitable Fund ■

#### Children

#### **Bury Youth Theatre (BYT)**

Tuesdays and Wednesdays

A place where children and young people aged 5-18 can be creative, learn new skills and find new talents. Led by highly trained professionals, BYT meets weekly and helps young people find their first steps on the path to a career in the performing arts.

Juniors (age 5-9) Starts back Tuesday 9 Sep, 5pm – 6:30pm First half term £40 / Second half term £40

Seniors (age 11-18) Starts back Wednesday 10 Sep, 5pm – 7:15pm First half term £40 / Second half term £40

Bury Youth Theatre is kindly supported by the Victoria Wood Foundation.



#### Leaps and Bounds

Restarts Monday 8 Sep Mondays 4:45pm – 5:45pm £4 per session or First half term £20/ Second half term £35

Our weekly dance workshop is here ready to bring the new year in! Incorporating different dance styles for children aged 5-10, this class is for young people of all abilities.

Leaps and Bounds is kindly supported by Sport England.



## **Bury Youth Dance**

Starts Monday 8 Sep, Mondays 6:30pm – 8pm £30 half term, £60 full term

Join us in Bury Youth Dance to develop skills, create new work, perform at a range of platforms and make connections to build career paths in dance.

This company is for 11-18 year olds who already have some grounding in dance and movement and are looking to develop further.

Bury Youth Dance is kindly supported by Sport England.





#### **Movers and Shakers**

Wednesdays from 10 Sep, 1:30pm - 2:30pm, £4.50 per child

A fun movement-based weekly workshop for pre-school children and their grown-ups. Explore dance, yoga and mindfulness with your little ones in a relaxed and friendly atmosphere.

Movers and Shakers is kindly supported by the National Lottery's Awards for All fund.



#### **Home Educated Drama**

Wednesdays, 10 Sep – 17 Dec, 12pm – 1pm, £5 per class

Our weekly drama class specially created for children and young people who are home educated. Parents and carers can stay with children in the session or enjoy a tea or coffee in our in-house coffee bar.

## **Aiming High**

Saturdays from 6 Sep Juniors: 9:30am – 11am Intermediates: 11:15am – 12:45pm Seniors: 1pm – 3pm

Our specialist youth theatre for children and young people with disabilities. Led by highly experienced professionals, the group helps build confidence, social skills and independence through drama, movement and storytelling in a safe and inclusive environment.

We are now able to accept new members into Aiming High. If you would like to enquire about a place in the group, please contact education@themet.org.uk.

Aiming High is generously supported by Children in Need.

BBG CHILDREN IN NEED



# The Recording Studio

The Recording Studio is a professional recording facility and part of The Met. The studio features quality recording equipment and a superb sounding live room. The studio provides a full recording service, including bands, ensembles, vocalists and choirs, along with voice-over and voice to picture.

We also provide a professional, radioready mixing and mastering service, both attended and on-line, along with recording workshops and free sessions for young people.

For more information, get in touch at 0161 761 7107, email recordingstudio@themet.org.uk or visit themet.org.uk/recording-studio

The Met, Market Street, Bury, BL9 0BW

## Two Crows Arts Studio at The Met

Two Crows Arts Studio has taken residence at The Met and has a regular programme of arts and crafts workshops for children and adults. For their full programme please visit themet.org.uk/whats-on/two-crows/

# The School of Curiosity

Welcome to The School of Curiosity – a thrilling creative learning programme that will ignite your child's imagination and set their creative thinking skills alight! For more information and to book visit themet.org.uk/event/school-of-curiosity/

## **Work Experience**

As part of our commitment to supporting the next generation of artists and creative professionals, we offer work experience for young people from Year 10 upwards. We can design a bespoke programme to suit your needs and interests across our various departments including technical, events, education, marketing and programming. Places are strictly limited throughout the year so we advise getting in touch with us as soon as possible to secure a slot. Contact education@themet.org.uk for more details.





YOUTH MUSIC





With special thanks to our patrons, members and funders for making this work possible.

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