

M E T
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SEPT / DEC
2023

Creative Learning at The Met

Arts and Activities for
children and adults



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Don't just watch, take part!

Here at The Met, inspiring the next generation of artists and performers is one of our biggest priorities and as a charity we work hard to support and engage with our community by investing in our outreach work which is designed to get people of all ages, abilities, backgrounds and cultures involved with the arts.

Education and Learning at The Met includes drama, arts, movement and music groups; schools' workshops; arts-based social activities and events; creative outreach projects; supporting local artists and we provide a home for a range of diverse external groups. We are proud to be a welcoming and inclusive hub for quality participatory arts activity for children, young people and adults, with and without disabilities, to explore their creativity, find new talents, and make friends for life in a safe, creative and inspiring environment.

For more information or to book any of our workshops, please visit the website or call box office on **0161 761 2216**.

Activities and Groups for adults

Meet Me at The Met

Join us twice-monthly on Mondays
(starts Mon 11 Sept), 11am – 1pm, £5

An informal and welcoming social arts group for the over 50's. The group meet bi-monthly to socialise and learn new skills.

Harmonica workshops

Mondays (starts back Mon 11 Sept)
Beginners 6pm – 7pm / Returning Beginners
7pm – 8pm / Intermediate 8pm – 9pm
Payment for all 8 sessions – £65

Workshops for beginners and intermediate levels are led by former British Blues Harmonica champion Mat Walklate.

Metro Jazz

Mondays (starts back Mon 18 Sept)
7pm – 9pm, £132 for the full term
(Student concs available via Box Office)

Bury's community jazz orchestra led by experienced saxophonist and educator Munch Manship.

Met Express

Meets Mondays and Tuesdays
£6.50 per session or in advance
by the half-term

Our very own learning-disabled theatre company. Our team of adults have been working together over a number of years to develop skills, find new talents and create amazing theatre.

Met Express is currently operating a waiting list so please get in touch with **education@themet.org.uk** if you are interested in joining.

Singing workshop for low voices by The Sunday Boys

Sun 19 Nov, 1pm – 3pm, £10 (£8 concs)

A singing workshop with The Sunday Boys, Manchester's LGBTQ+ low-voiced choir and their founder and Artistic Director Michael Betteridge.

We would love to hear from you and if you would like to know more about any of these groups, projects and activities or to chat to us about anything else, please email **education@themet.org.uk** or go on our website **www.themet.org.uk** to book a place or join a waiting list.

Activities and Groups for Children and Young People

Bury Youth Theatre (BYT)

Tuesdays and Wednesdays

A place where children and young people aged 5 – 16 can be creative, learn new skills and find new talents. Led by highly trained professionals, BYT meet weekly and helps young people find their first steps on the path to a career in the performing arts.

Juniors (age 5-9)

Starts back Tue 12 September, 5pm – 6:30pm
First half term £30 / Second half term £35

Seniors (age 10-16)

Starts back Wed 13 September, 5pm – 7:15pm
First half term £30 / Second half term £35

The School of Curiosity

Mondays (starts Mon 11 Sept), 5pm – 7pm

Price £84 for the 12 week term,
or pay weekly for £7

Is your child aged between 10 and 14 and bursting with creativity? Do they love reading, making, and telling stories? Do they have a passion for exploring the world of imagination? Give your child the gift of curiosity, creativity, and self-expression. Enrol them in The School of Curiosity and watch their imagination soar to new heights!

Leaps and Bounds

Mondays (starts Mon 11 Sept)

5:45pm – 6:30pm

FREE

Our new dance and movement workshop incorporating different dance styles for children aged 5-11, of all abilities, encouraging them to get active and have fun moving their bodies.

Movers and Shakers

Wednesdays, 1:30pm – 2:30pm

Price £3 per child

A fun movement-based weekly workshop for pre-school children and their grown-ups. Explore dance, yoga and mindfulness with your little ones in a relaxed and friendly atmosphere.

Aiming High

Saturdays (starts back Sat 9 Sept)

Our specialist youth theatre for children and young people with disabilities. Led by highly experienced professionals, the group helps build confidence, social skills and independence through drama, movement and storytelling in a safe and inclusive environment.

We are now able to accept new members into Aiming High. If you would like to enquire about a place in the group, please contact education@themet.org.uk.

Please contact us for details on pricing and please note support is available for those that may require it.

Aiming High is generously supported by Children in Need.

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The Recording Studio

The Recording Studio is a professional recording facility and part of The Met. The studio features quality recording equipment and a superb sounding live room. The studio provides a full recording service, including bands, ensembles, vocalists and choirs, along with voice-over and voice to picture.

We also provide a professional, radio-ready mixing and mastering service, both attended and on-line, along with recording workshops and free sessions for young people.

For more information, get in touch at **0161 761 7107**, email recordingstudio@themet.org.uk or visit www.themet.org.uk/about/venue-hire/recording-studio/

No Barriers

FREE

Are you aged 16-25? Do you want to learn about working in the music industry and get experience? Do you identify as disabled and/or neurodivergent? Then No Barriers may be for you! It's free, and will take just 10 hours of your time a month for 3 months. You'll learn from the experts, boost your CV and have access to The Met's facilities. Want to know more? Just email katie.douglas@themet.org.uk



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YOUTH MUSIC



THE OGLESBY CHARITABLE TRUST



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With special thanks to our patrons and members.

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